



NEWS and REVIEWS December 2014

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Staying Thankful

Thanksgiving is a wonderful time to pause and reflect on all the things we have to be thankful for. But the truth is, giving thanks should not be confined to just one season - spending time every day focusing on gratitude can have a huge impact on your health and well-being throughout the year.

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Stay at Home in Wilton sharing Thanksgiving Tradition

On Tuesday, November 18th, 25 members of Stay at Home in Wilton gathered to celebrate Thanksgiving with a pre-Thanksgiving potluck lunch at WEPCO. Everyone brought a family favorite to share. Ken Dartley, one of Stay at Home's founding members, brought cracked wheat with nod and bulgur, a dish his mom used to make. Other members contributed their favorites which included broccoli with shrimp sauce, butternut squash with cranberries, corn pudding, onion, shallot and leek casserole, homemade cranberry

sauce, spinach pie, stuffed mushrooms, and, of course, the Thanksgiving classics such as apple pie, pumpkin pie, and delicious oven-baked turkey. With our meal we shared recipes, Thanksgiving traditions, and

memories.

Janet Johnson, Executive Coordinator, led members in a time of reflection and Thanksgiving acknowledging the gift of family including our very own Stay at Home in Wilton family.



Stay at Home in Wilton's Betty Jones New Book is available on Amazon

THE MUSIC IN MY LIFE is the story of how Betty Jones decided to enter the difficult world of being an opera singer after the age of 40. Betty was a Wilton, Connecticut housewife and mother of two teenagers when a neighbor heard her sing at a Wilton Congregational Church Service. Betty Jones made her professional opera debut with the Boston Opera Company at the age of 41.

Mark Your Calendar For Stay at Home December Events

Trip to Bridgewater Chocolate & Brookfield Craft Center Holiday Craft Sale and Lunch Friday, December 5th, 10:15 AM

Visit Bridgewater Chocolate at 11 AM and see what they are making that day. Lunch 12 PM at The Hearth, a favorite restaurant from years ago. 2:00 PM arrival at The Brookfield Craft Center (Opening an hour early for our visit)



Meet at 10:15 AM to carpool - Commuter parking lot on Route 7 - north of Orem's



Men's Monthly Breakfast Orem's Diner Tuesday, December 9th, 9 AM

All men are invited to bring a neighbor or friend.

**"It is just a lot of good
conversation and exchange
of information about daily life!"**

167 Danbury Rd.
R.S.V.P. 203-762-2600

Mah Jong - Tuesday's December 9th at 2 PM and December 23rd at 12:30 PM

Learn to Play Mah Jong! There are several Mah Jong Groups that meet at the Senior Center. The Tuesday group meets the second and fourth Tuesday of the month: The Mah Jong class is open to all who want to learn. It's really great fun! If you would like to play contact Kay Chann at 203-762-9026. Mah Jong is held at the Senior Center on 180 School Road.





Holiday Party December 12th at 5:30 PM

Join us for the Stay at Home in Wilton Annual Holiday Party for a delicious buffet dinner. The TrebleMakers are back again this year to entertain us!!

R.S.V.P. 203-762-2600

Wilton Congregational Church
70 Ridgefield Road

“I will honor
Christmas in my
heart, and try to
keep it all the
year.”

– Charles Dickens



Meet Stay at Home Member David Borglum

David Borglum has lived on Borglum Road with his wife Cecilia for over 40 years. His sister also lives on the road named for his grandfather Solon Borglum. The Borglum's legacy began in early 1900 when pioneer sculptor Solon Borglum, who was to become the founding father of the Silvermine Guild, began to visit the area. Other artists followed Borglum and began settling in the area, establishing a colony of artists who were drawn by the picturesque countryside. Solon's brother, Gutzon Borglum, also lived in the area for a number of years and was an American artist and sculptor famous for creating the monumental presidents' heads at Mount Rushmore in South Dakota. Works of Solon Borglum can be found at the New Britain Museum of American Art, at St. Mark's Church in New York City and at the Silvermine Arts Center. David and Cecilia have six children and became members of Stay at Home in Wilton in 2014.



Meet Stay at Home Member Carolyn Wissinger

Carolyn Wissinger is a singer! Singing for over 50 years with the Fairfield County Choral, Carolyn has always had a love for music. As a young girl, Carolyn sang in the Wilton Congregational Church, the same church she married Al Wissinger in 1961. Al, an engineer who worked on the guidance system for the Hubble Space Telescope, encouraged her to try out for the choral in 1963. The Fairfield County Choral does three concerts a year and occasionally sings abroad. One of Carolyn's fondest memories is singing in Spain. She has enjoyed the training, the music selections, the singing and but just as much, the friendships. The chorale has become family. Carolyn's favorite audience to perform for is her granddaughter who affectionately asks for "grandma songs". You can hear Carolyn sing Handel's Messiah with the Fairfield County Choral on December 14th at 3 PM at the Norwalk Concert Hall. Tickets are \$30 per person. Call 203-254-1333.

Stay at Home in Wilton Wishes Everyone a Happy Holiday!

2014 Stay at Home in Wilton New Members

David Borglum
Cecilia Borglum
Dorothy Sparling
B.J. Locher
Nea Martin
Ken Dartley
Robert Gresl
Rita Gresl
Carolyn Stempel
Bruce Yeko
Elizabeth Butler

Helen Shortell
Kay Gluck
Elizabeth Butler
Carolyn Wissinger
Peter Nigro
Barbara Nicholas
Joan Perrella
Kris Kristiansen
Janet Kristiansen
Ann Klotz
Judith White

Stay at Home in Wilton January Save-the-Date

- **Men's Monthly Breakfast at Orem's** Tuesday, January 13th
- **Mah Jong** - Second & fourth Tuesday of the month, January 13th and January 27th
- **Ladies Brunch at Orem's** on Thursday, January 15th
- **Movie at the Senior Center** - Tuesday, January 27th, 3-5 PM "Nebraska"- A great movie for both men and women

Contact Us:

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203-423-3225
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Donate:

By check or visit our website www.stayathomeinwilton.org and click on the on the "How to Contribute" link. SAHW accepts Pay Pal.

Volunteer:

Get to know us!

Stay at Home Gift Cards:

A great gift for adults who don't know what to get their parents.

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