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# NEWS and REVIEWS February 2017



Volume 6 Issue 11

February 2017

## Finding Your Sweet Spot



Chocolate lovers satisfy your sweet tooth this month with two chocolate themed events. Stay at Home is taking a day trip on the 15th along CT's Chocolate Trail. There will be a showing of the movie "**Le Chocolat**" on the 28th and chocoholics can indulge in a variety of rich chocolates and create delicious hand-dipped desserts with our chocolate fountain.

### *A sampling of sweet spots along Connecticut's chocolate trail.*



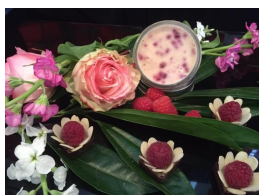
**Bridgewater Chocolates** [www.bridgewaterchocolate.com](http://www.bridgewaterchocolate.com)  
559 Federal Rd. Brookfield, CT 203-775-2286  
Specialties are toffees, barks, pretzels, truffles, and European Style chocolates.



**Deborah Ann's Sweet Shoppe** [www.deborahanns.com](http://www.deborahanns.com)  
381 Main St., Ridgefield, CT 203-438-0065  
This old fashioned candy shop offers something for everyone including a delicious variety of fresh cream truffles, bark, gourmet candy apples, homemade fudge and ice cream cones.



**Kent Coffee & Chocolate** [www.kentcoffee.com](http://www.kentcoffee.com)  
8 N. Main Street Kent 860-927-1445  
The menu offers a wide variety of fine chocolates including peanut butter cups, barks, hand-dipped truffles, raw cacao bars, chocolate spreads, and a selection of rich coffee and teas.



**Le Rouge Chocolates & Cakes** [www.lerougebyaarti.com](http://www.lerougebyaarti.com)  
190 Main St. Westport 203-293-6106  
This Chocolatier has a delicious assortment of hand-decorated chocolates and cakes for the serious chocolate connoisseur.



**Thompson Chocolate** [www.thompsonchocolate.com](http://www.thompsonchocolate.com)  
80 South Vine Street in Meriden, CT 203-235-2541  
CT's oldest Chocolate maker. Founded in 1879 by William H. Thompson who studied under Stephen F. Whitman. Thompson produces 2.5 million pounds of chocolate annually including many foiled wrapped chocolates enjoyed all over America today.

# Mark Your Calendar for February Events



**Technology Support**  
**February 8th & 22nd**  
**Wednesday**  
**3:30 - 4:30 PM**

**Comstock Technology Room**  
No charge. Reservations are required.  
**RSVP: 203-762-2600**

**Men's Monthly Breakfast**  
**Tuesday, February 14th at 9 AM**



**Orem's Diner**  
"It's good food and great conversation!"

**RSVP: 203-762-2600**

How Stay at Home in Wilton and other similar Villages are Changing the Experience of Aging

**Author Live-Streamed Event & Reception**  
**Monday, February 13th, 4:30 - 6:30 PM**



Dr. Atul Gawande will speak about the Village Movement and the value of community as we age.

**RSVP: 203-762-2600**  
**Wilton Library**

Open to the public. Free. Reservations recommended for guaranteed seating. See insert for more details.

**Play Mahjong**

**Tuesday, February**  
**14th & 28th 12:30 PM**



**RSVP: 203-762-2600**

**Senior Center . 180 School Road**



**Connecticut Pharmacy and Medical Supply**  
664 Main Avenue, Norwalk, CT 06851

**FREE Pharmacy Delivery**

Open Monday thru Friday 9:00 to 7:00 PM  
Sat. 9:00 to 5:00 PM / Sun. 9:00 to 3:00 PM

**Phone: 203-939-1836 Fax: 203-939-1837**

**CT Chocolate Trail Trip**

**Wednesday, February 15th**



**Meet at Commuter Lot 9:15 AM**

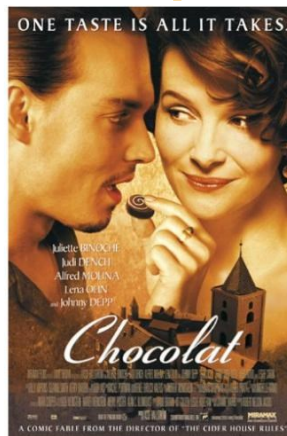
*Kent Coffee & Chocolate, Kent  
Bridgewater Chocolates, Brookfield*

**Lunch at The Hearth 12:30 PM**  
*In Brookfield*

*Deborah Ann's Sweet Shoppe, Ridgefield*

**RSVP: 203-762-2600**

**Tuesday Afternoon Movies**



*Le Chocolat*

**February 28th**  
**3 - 5 PM**

*Refreshments include everything chocolate including Chocolate Fondue*

**RSVP: 203-762-2600**

# Meet the Stay at Home Executive Board



**Phil Richards**  
**Board Chairman**

After a successful career in designing, marketing, managing and consulting on telecommunications systems, Philip Richards became involved on the boards of directors for several non-profits serving Wilton. From that experience, he became aware of an opportunity to serve the senior citizens of our town by adopting a new movement sweeping the nation. It would provide support for their needs so they would be able to remain in their homes. He found a few other local citizens who shared his interest in helping seniors, and they founded Stay at Home in Wilton in 2010. The effort has led today to serving nearly 100 local citizens with the cooperation of a very dedicated group of volunteers, and significant support from many faithful local donors.



**Peter Dodds MD President**

Peter R. Dodds MD graduated from Columbia College of Physicians in 1977, completed his Surgical and Urology Residency at Yale New Haven Hospital 1977-1982. He practiced urologic surgery from 1982-

2014 at Norwalk Hospital and was Chairman of Surgery at Norwalk Hospital for 5 years. Peter is a member of the Wilton Presbyterian Church and has lived in Wilton since 1982. He has two children, Jessica and Tyler, who graduated from WHS. His hobbies include mentoring young people interested in medical careers, lecturing students at Norwalk Hospital, serving on hospital committees, reading medical biographies, and hiking trails in Wilton, particularly the Norwalk River Valley Trail. Peter is passionate about helping the aging citizens of Wilton stay socially connected, happy and safe.



**Dave Schmitt Treasurer**

Dave lived in Wilton 59 years. He was a career Wilton Fire Fighter until 1978 and served almost 25 years as a volunteer with Wilton Volunteer Ambulance Corp. In 1978, Dave joined Servco Oil in Wilton. Dave's community involvement includes As-

sistant Scout Master Troop 20 BSA, Wilton Planning and Zoning, Kiwanis Treasurer for 17 years; he was Campaign Treasurer for Marilyn Gould and Selectman William Brenner and Treasurer for the Wilton Youth Council. Dave is married 45 years to Joan. They have two sons and 5 grandchildren. His favorite hobby is fishing. Dave joined the Board in 2014.



**Ann Newton Vice President**

Ann moved with her husband Jim to Wilton in 1977. They have two children and two granddaughters. While Ann's children were in school, she volunteered in Wilton schools. In 1984 she went to work for an international steel trading company. After 15 years she left to work alongside her husband in a business they still operate today. Ann's been active in Newcomers, Encore, served at Hospice; FISH; Minks to Sinks, and church choir. Her hobbies include Art, Reading, Bridge, Movies, Gardening, Swimming, Walking & Travel. Ann's great-grandmother moved into the family home when she was two years old. Because of her, Ann has always admired people as they age, their wealth of knowledge and experience that benefits others. Ann has felt strongly that as we age we should be able to live in our own homes if that is what we want to do. Stay at Home is a natural fit for her.



**Pat Wernig Secretary**

Pat moved from Long Island 24 years ago for more property and now 2+ acres is a bit too much. She says, "Wilton was such a welcoming town and I had joined Newcomer's, Encore and the Wilton Woman's Club right away, I've been active in Minks to Sinks, the Turnover Shop and exercising regularly doing Zumba and playing tennis and golf occasionally. I also enjoy reading, traveling and playing MahJongg." Pat and her husband Fred have been blessed with three children and two grandchildren. She was invited to join the board three years ago and has enjoyed being part of such a worthwhile organization for Wilton seniors.

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Fairfield County  
Wilton Bulletin  
Wilton Congregational Church  
Wilton Episcopal Presbyterian  
Corporation, (WEPCO)  
Wilton Family YMCA  
Wilton Library  
Wilton Playshop  
Wilton Senior Center

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