



NEWS and REVIEWS **August & September** **2014**

Stay at Home in Wilton

PO Box 46

Wilton, CT 06897-0046

Volume 4, Number 12

For more information visit our

Website www.stayathomeinwilton.org

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Stay at Home Annual ***Summer BBQ...*** ***A Winner!***



Over 80 people attended the Stay at Home in Wilton Annual Summer BBQ on July 18th. Everyone enjoyed a

beautiful summer evening under the Wilton Y Pavilion. Board Members, members, volunteers and guests gathered for appetizers, a cookout, and dessert from College Creamery Ice Cream Truck of Wilton. It was a great night and the ice cream truck added a touch of nostalgia and provided a delicious treat!

Stay at Home in Wilton is part of a nationwide Village to Village network. Many communities use the “village” concept to provide services and support to seniors living in the community. Stay at Home is made up of an active vibrant group of seniors who participate in wonderful activities, seminars, and benefit from the services provided. For less than a dollar a day, members receive light household repair services, great gatherings, rides when needed as well as other benefits. More than 90% of people age 65 and older want to live in their home as long as possible. Stay at Home in Wilton offers many benefits and volunteer opportunities for active members and provides services to seniors who choose to “Age in Place”... in the community they love.

For more information on Stay at Home in Wilton contact our Executive Coordinator, Janet Johnson, at [203-762-2600](tel:203-762-2600) or visit our website www.stayathomeinwilton.org.

Stay at Home in Wilton would like to thank the Wilton Family Y for the use of their grill and outdoor pavilion and all who attended and helped out with this special event including our grill masters John O'Brien and Bob Gresl.

Join us in August and September for more exciting events. Stay at Home offers events, seminars and now offers clubs.

**Mark Your Calendar For...
Stay at Home in Wilton
2014 August and
September Events**



**Men's Monthly Breakfast
Tuesday, August 12th &
September 9th at 9 a.m.**



All men are invited to attend and bring a neighbor or friend. This is a great opportunity for friends to learn

more about Stay at Home in Wilton.

167 Danbury Rd.
R.S.V.P 203-762-2600



**Ladies Luncheon
Tuesday, August 12th at noon
Luca Ristorante - Wilton Center**

Mingle with friends and make new friends. Luca's prix fixe Lunch: \$21 (includes tax/tip); beverages extra. Reservations needed.

142 Old Ridgefield Rd.
R.S.V.P. 203-762-2600

**River Rose Paddle Wheel Cruise
Newburgh to West Point
Wednesday, August 27th**



Hop aboard the *River Rose* and step back in time as you take a narrated cruise on the beautiful Hudson River aboard an **authentic 100 foot Mississippi Paddle Wheeler.**

Rain or shine 2:00 p.m. – 4:00 p.m.
Tickets: \$20 - Lunch at a restaurant on the dock prior.

**Meet at the Commuter Lot, 10:45 a.m.
For carpool, (Rt. 7 north of Orem's)
R.S.V.P. 203-762-2600**

**Ladies Book Club
Tuesday, September 9th at noon
Barbara Quincy's Home**

Come prepared to discuss, Let The Great World Spin by Colum McCann. Bring your own sandwich or salad. Drinks and cookies will be provided. Please call Janet Johnson at 203-762-2600 with any questions or if you would like a ride.

**Barbara Quincy
81 Grey Rocks Road
203-762-8904
R.S.V.P. 203-762-2600**

**Men's Trap Shooting
September 23rd, 10:30 a.m.
Wooster Mtn. Shooting Range**

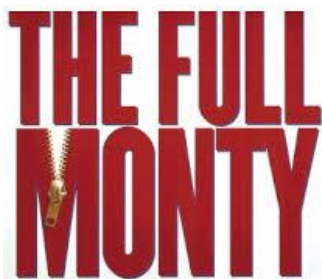


Join the men for trap shooting with a 12-gauge shot gun. Beginners welcome. Members of the local trap club will be there to assist. A 15 minute safety course is

required. Organizer Ken Dartley will meet the men at Wooster. Lunch is planned at **The Bar & Grill on 7**, (967 Ethan Allen Hwy. – Rt. 7), afterwards. The lobster sliders are very popular!

**74 Sugar Hollow Rd., (Rt. 7), Danbury
(Across from the orange cell tower)
R.S.V.P. 203-762-2600**

Chick Flick, Now Playing...



**Tuesday, September 23rd
3:00 – 5:00 p.m.**

The film is set in Sheffield, England, and it tells the story of six unemployed men, four of them former steel workers, who decide to form a male striptease act in order to gather enough money to change their lives. Bring an appetizer to share. Drinks and popcorn will be provided.

**Comstock Senior Center
180 School Rd.
R.S.V.P. 203-762-2600**

Board of Directors

Barbara Quincy, President
Ann Newton, Vice President
Phil Richards, Chairman
Dave Schmitt, Treasurer
Luisa Kelso, Secretary

Kay Chann
Bob Kelso
Dick King
Judy Mabley
Melissa Mednick
Sally Poundstone
Anne Q, Richards
Barbara Sage
Joan Starr
Fred Wernig
Pat Wernig
Shannon A. White

Executive Coordinator: Janet Johnson
Public Relations: Debbie McClelland

Check List: What events would you like to attend?

- 8/12 – Men's Breakfast
- 8/12 – Ladies Luncheon
- 8/27 – Paddle Boat Cruise
- 9/9 – Men's Breakfast
- 9/9 – Ladies Book Club
- 9/23 – Men's Shooting
- 9/23 – Chick Flick

See the calendar for a list of town and local events.



Need Help?

- **Boxes moved**
- **Change light bulbs or batteries in smoke detector**
- **Computer issues**
- **Filing**
- **Friendly visit with volunteer**
- **Help with Pets**
- **Home Safety Survey**
- **Household Cleaning**
- **Light Home Repairs**
- **Plumbing**
- **Record Keeping**
- **Mail Packages**
- **Telephone or cable problems**
- **Yard Work**

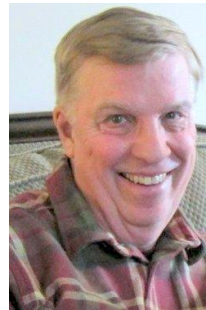
Stay at Home in Wilton has wonderful handymen who volunteer their time to serve you. There is no charge for these services.

- **Sonny Kern**
- **Ben Mazzucco**
- **Roger Smith**
- **Lance Wilcox**

Stay at Home thanks each of these men for their dedicated service.

To schedule your service, call 203-762-2600.

Meet Roger Smith your Stay at Home Volunteer Handyman



Dee and I have lived in Wilton for nearly 30 years. Dee worked in and volunteered at the Wilton schools for many of those years while I commuted to NYC.

Now that I have retired I am happy to serve as a

volunteer handyman for Stay at Home in Wilton. I also volunteer with the Wilton Community Emergency Response Team (CERT). During tax season, I prepare income taxes for seniors through a program run by AARP. In the spring and summer, I work in the production garden at Ambler Farm.

I serve as the Treasurer of the Roger Sherman Branch of the Sons of The American Revolution (SAR). We are also reenactors of the American Revolution and as such are members to the Third New Jersey Regiment, the Fifth Connecticut Regiment, and the Wilton Militia and have participated in events for nearly 40 years.

There are many things that need to be done around a home and for the members of Stay at Home I have changed light bulbs in ceiling fans and other hard to reach fixtures, replaced outside light fixtures, re-hung inside light fixtures, fixed leaky faucets, painted doors, cleaned out low gutters, and assembled a bench. I am sure that I have saved the members \$50 to \$150 for each of these jobs. Small jobs such as these are included as part of the membership fee. I am available to provide you with a free estimate for those slightly bigger jobs and may be reached at [\(203\) 451-1506](tel:2034511506) or by email: smithrw725@gmail.com

Sheffield Island Boat Trip July 29th, a lovely summer day!



Pictured from the left: Dorothy Sparling, Nea Martin, Marge Anderson, Joe Bodak, Jan Schneider, and Carolyn Stempel (Photo by Anne Richards)

Eighteen members of Stay at Home in Wilton "took a step back in time" on July 29th when they met at the dock in South Norwalk to catch the 11:00 ferry to visit the Sheffield Island Lighthouse. It was a beautiful July morning with a clear blue sky. A young crew member pointed out landmarks along the 45 minute boat ride and was especially knowledgeable about the osprey and their nests and other wildlife. Norwalk is the oyster capital of the U.S.

Once on the island the Wilton seniors took a tour of the stone lighthouse which was built in 1858. The Sheffield Island Lighthouse is the most unusual lighthouse on the Sound since it was made of large stones that were hauled across the water when it had frozen over in the mid 1800's. Many artists have painted this edifice on the Sound in so many modes. The house itself has been recently painted and furnished with period furniture from the 1800's. The tour guide explained how the original light was from candles. Ships would

often run aground in low tide on the nearby reefs as the candles were hard to see until the ships were too close. When the candles were replaced by oil lights, the keeper had to climb up to the tower every four hours with additional oil.

There is a nature trail available for a short walk to the other side of the island. Following a picnic lunch under the tents, the ferry departed for the return trip to the South Norwalk dock. It was a lovely way to spend a summer July day.

"The hit of the lunch were oatmeal cookies baked by none other than our leader extraordinaire, Janet Johnson."

This is my family cookie recipe - we call it Grandma's Oatmeal Cookies!

By Janet Johnson



Cream 1 cup unsalted butter (room temperature), 1 cup light brown sugar and 1 cup white sugar

Add 2 eggs and beat with the sugar

Add 1 1/2 cup flour, 1 tsp salt, 1 tsp. baking soda and 1 tsp vanilla

When thoroughly mixed, add 3 cups oatmeal (regular oatmeal - not instant)

Mold into 2 rectangles and wrap in waxed paper - refrigerate overnight
Slice and bake - 350 degrees. Remove from oven when slightly golden and cool a few minutes before transferring to a plate or cooling rack. Enjoy!