



Stay at Home in Wilton, “News and Reviews”

PO Box 46
Wilton, CT 06897-0046
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info@shwil.org

For more information visit our
Website www.stayathomeinwilton.org

WELCOME!

We are proud to say “Welcome” to all our new members who have joined since our meeting at Trackside in April. There have been several requests from our members who needed help with many types of jobs. Some needed help with home repairs, some needed rides, some needed technological help and some just needed to talk with someone.

Our overall goal is to be of assistance to our members in any way, shape or form. What they need and request is why we are here and will remain here in Wilton. Each member has different needs and Stay at Home in Wilton is here to help.

Some of the recent achievements of Stay at Home in Wilton are:

- Finding a perfect Coordinator, Eloise Barron
- Becoming a 501 (c) (3) public charity organization
- Getting donations from many of our friends and neighbors
- Adding new members to our Board of Directors
- Training the drivers for Transportation
- Setting up social events for the summer

Board of Directors

Phil Richards, President
Ken Dartley, Vice President
Kay Chann, Treasurer
Anne Richards, Secretary
Susan Chalons-Browne
Chris Dartley
Don Drummond
Arthur D’Souza
Luisa Kelso
Bob Kelso
Dick King
Fred Morris
Ann Newton
Sally Poundstone
Barbara Quincy
Joan Starr
Linda Swayze
Jay Zitz

Coordination Director: Eloise Barron
Newsletter Editor: Anne Richards

How to become members of Stay at Home in Wilton

Membership in **Stay at Home in Wilton** is open to any senior who lives in Wilton. A senior can be 50 or 90 or even older. You are welcome to become a member. There are no prerequisites or a physical exam. Just say, "Yes, I would like to become a member". Our Membership Chair is Ann Newton and she would like to let you know that you can get the membership application on our website, www.stayathomeinwilton.org. A Charter Membership is available that extends to December 31, 2011. The annual membership fee is \$360 for a single senior person living in a household (that means less than a 75 cents a day) and \$480 for two senior people living in a household. The membership is renewed annually. All memberships are good for one year from date of purchase, except those who take advantage of the Charter Membership. Just mail your check and the completed membership form to: **Stay at Home in Wilton, PO Box 46, Wilton, CT 06897-0046.**

Our First New Member Tea/Coffee on June 22, 2010

In order to build a virtual community for our members through various types of social events, we are planning to have a New Member Tea on Tuesday, June 22 at 2:00 at the home of President Phil and Anne Richards. Please send a note to Stay at Home in Wilton, PO Box 46, Wilton, CT 06897-0046 if you would like to become a member and attend the First New Member Tea. If you use email, contact anne@shwil.org for more information.

If the weather is nice we will have it outside on the patio or if not we will have the gathering in the house with air-conditioning. Various goodies will be available to eat with cool decaf iced tea and decaf coffee. If you have friends who you think might like to join, please invite them to come that

day and we will help them sign-up. Our Membership Chair, Ann Newton, will be on hand to help those interested in joining. Hope you are able to come. It should be fun. Maybe there will be ice cream and cookies too.

All About Our Coordination Director: Eloise Barron

Eloise Barron was recently appointed as the interim Coordinator for **Stay at Home in Wilton** who arranges services for senior citizens in Wilton to enable them to stay in their homes. Eloise is responsible for the 24/7 non-emergency call center. She also works for the Ridgefield Visiting Nurse Association as the coordinator for Quality Living at Home, a program similar to **Stay at Home in Wilton**.

Eloise has a background in the medical field, was involved in sales for many years, and later became a Senior Real Estate Specialist. A native of Georgia, Eloise & her husband, Tim, have lived in Fairfield County for 17 years. Tim is the President & CEO of Rogerscasey in Darien. They enjoy tennis, scuba diving and skiing. Just recently, Eloise collected on a football bet where they learned to cook Tuscan foods at Norwalk Community College. They have 3 children: Melody is an attorney with Schiff Harden in Chicago; David works for the Beta Management Group at Mellon Bank in San Francisco. Suzanne is studying to be a teacher at Mitchell College in New London.

"I am so pleased to be a part of "Stay at Home in Wilton," said Eloise. "It is an opportunity to serve a population I greatly admire, and to work with a terrific Board of Directors. Please do not hesitate

to call me with your questions, needs and suggestions. I am here to support you to remain independent in your own home.”

You can contact Eloise by calling the number that is on your membership card or email her at eloise@shwil.org.

Recent Donors to Stay at Home in Wilton

Thank you so much for your support of **Stay at Home in Wilton**. Your recent donation means that many of our seniors in Wilton will be able to seek help in many ways.

Donna Atkins
Donna K. Below
Jana & Richard Bertkau
Mr. & Mrs. Allen Brings
Joyce Y. Cain
Gregory & Deborah Chann
Nickolas & Dorothea Davatzes
Joe Dionne Foundation
Ray & Mildred Dovell
Katharine & Stephen Gluck
Edward Greene
Edward & Dorothy Hyde
Dr. & Mrs. Ronald Kahan
Burton J. Kloster, Jr.
Mr. & Mrs. Wayne Kohman
Harlan & Phyllis Murray
Thomas & Barbara Nixon
Zelie Daniels Pforzheimer
Robert & V. Elaine Richter
Suzanne R. Schintzius
Marilyn Spence
Mr. & Mrs. Chris Stroup
United Way of Coastal Fairfield County

Hearing Loss

Facts about Hearing Loss

- More than 31 million Americans have some type of hearing problem.
- At least half of all Americans will experience some type of balance problem in their lifetime.
- One out of every three adults over 65 has a hearing loss.
- Adults over the age of 40 should have an annual hearing test.
- Individuals with hearing and balance problems should seek care from a Doctor of Audiology (Au.D.)
- Hearing aids are the beginning of successful treatment for hearing loss. Training in their use is needed and follow-up is essential, as retraining is often needed to help the brain interpret sounds.
- Hearing healthcare is constantly improving due to new and improved technology, and specialized care provided by Doctors of Audiology.

What is an Audiologist?

Audiologists are the primary healthcare professionals who diagnose, treat and manage people with hearing or balance disorders. They prescribe and fit hearing aids and they also perform surgery if needed.

A Self Assessment Hearing Test is on the next page for you take and recognize whether you may have a hearing loss. This is for you to do and if you feel that you are in need of help in this area, contact your own physician and ask his advice for an audiologist. Keep track of the times you say yes to the questions. This will help in the **Scoring** at the bottom of the page.

Social Activities for Members

Levitt Pavilion Concerts in Westport (Shows great for us to see)

Members call Eloise if you would like a ride to the show. The telephone number is on your membership card. The shows are usually over after dark. Bring chairs and snacks and a drink and a light sweater or jacket and a flashlight. It gets cool there because it is right near the water. Shows go on rain or shine. In case of rain, most of the shows are moved to alternate locations inside.

Tues. June 29, 8:00 Westport Community Band

Thurs. July 1, 8:00 Air Force Band of Liberty

Tues. July 13, 8:00 CT Ballet

Sun. July 18 7:00 Navy Band of New England

Fri. July 23, 8:00 DNR Physicians Band

Sun. July 25, 8:00 Galvanized Jazz Band

Wed. July 28, 7:00 Tom Chapin & Band

Sun. Aug. 1, 7:00 Incendio

Thurs. Aug. 5 8:00 Abaca String Band

Fri. Aug. 13. 8:00 P.J. Pacifico and his Band

Sun. Aug. 15 7:00 Bob Lasprogato & uptown Jazz

Thurs. Aug. 19 8:00 West Point Jazz Knights

Thurs. Aug. 26 8:00 Harmony on the Sound
(Don't miss this one)

Sun. Aug.29, 7:00 Fairfield Counts

Picnics in the park – Merwin Meadows

Wilton Parks and Recreation Department offers 4 picnics / BBQ for seniors at Merwin Meadows. Pre-registration is required by the Friday before each picnic so they can plan appropriately. Please call Steve at the P & R, 203-834-6234 Ext. 6 for your reservation and then call Eloise to arrange a ride. Eloise's telephone number is on your membership card.

Picnics will be on June 23, July 7, July 21 and August 4. These are on Wednesday from 12:00 to 1:30 pm. The cost for lunch is \$5.00.

The Wilton Playshop on Lovers Lane in Wilton offers two summer shows.

1. The Complete Works of William Shakespeare (Abridged) on Thursday, June 17, Friday, June 18 and Saturday 19. Showtime is 8:00 pm. Cost for seniors is \$10.
2. The Wilton Student Summer Playshop show is Romeo and Juliet. Showtime is 8:00 pm and the cost is \$10 for seniors. Shows are on Friday, July 23, Saturday, July 24, Thursday, July 29, Friday July 30 and Saturday July 31.

Wilton Farmer's Markets

Happens every Wednesday behind the Wilton Library. Lots of vendors with fresh food and flowers.

Offinger's Farm Stand

Ambler Farm – Open on Saturdays from 10:30 to 5 Also at Wilton Library on Wednesday.

Anyone can enter this contest **Name the newsletter**

It has been suggested that the name for our newsletter is not very good. We need a new name that will give us meaning and say what we are. If you have a name or names that you think might "fill the bill", please submit it/them with a call to Eloise. She will collect the names and then give them to our Board of Directors to discuss. Then we will vote including you.

Wilton Library Summer Concert Series

Thursday, July 8 *Summer Music & More Concert Series—Chance Browne and the Twinkies, 5 – 6:30 p.m.* Chance Browne and the Twinkies return to open the 10th year of outdoor concerts at Wilton Library providing their usual style of funk/blues tunes. Rain location: Brubeck Room. Open to the public, concert and refreshments free. Sponsored by The Village Market. Wine provided by Michael Crystal, founder of the Grand Crew Wine Club. Wilton Library, Old 137 Ridgfield Road, Wilton; www.wiltonlibrary.org; (203) 762-3950.

Thursday, July 15 *Summer Music & More Concert Series—In Harmony, 5 – 6:30 p.m.* The '50s, '60s and '70s vocal group, In Harmony, returns by popular demand to Wilton Library's 10th year of outdoor concerts. The group enlivens the crowd with its blend of harmonies and fun.. Rain location: Brubeck Room

Thursday, July 22 *Summer Music & More Concert Series—Cosmic Jibaros, 5 – 6:30 p.m.* The Latin salsa/rock group, Cosmic Jibaros, gets people moving to the beat in Wilton Library's 10th year of outdoor concerts

Thursday, July 29 *Summer Music & More Concert Series—Fast Lane Band, 5 – 6:30 p.m.* The Fast Lane Band turns the beat around with their blend of '60s and '70s Motown and Disco tunes in Wilton Library's 10th year of outdoor concerts. Rain location: Brubeck Room

Carriage House Cranberry Park, Norwalk

Agatha Christie's Black Coffee,
July 23, 24, 25, 29, 30, 31
July 18 at 4:00 Tickets are \$15

Synopsis: Written in 1934, "Black Coffee" is Agatha Christie's only stage play that features one of her most famous creations: Belgian detective Hercule Poirot, who is urgently summoned by scientist Sir Claud Amory to help him preserve and ship out his newly discovered formula (critical for British defense during the war). But before Poirot reaches Sir Amory's country estate, the scientist is found dead and his formula stolen. With Captain Hastings by his side, and trusty Inspector Japp, Poirot sets out solve the crime and save the more amiable members of the household from embarrassment, among them Sir Claud's sister, son, niece, daughter-in-law, personal assistant, a creepy butler, and one very strange Italian doctor...

If you would like to attend any of these shows and also need a ride to them, please call Eloise and a ride will be there to pick you up. Eloise's phone number is on your membership card.