

BOARD OF DIRECTORS

ANN NEWTON
INTERIM
PRESIDENT
PHIL RICHARDS
CHAIRMAN
DAVE SCHMITT
TREASURER
PAT WERNIG
SECRETARY

MARGE ANDERSON
CHRISTINE DELMAR
PETER DODDS
RITA GARLAND
ELLEN KAPUSTKA
BOB KELSO
JEFF MILLER
SALLY POUNDSTONE
ANNE RICHARDS
BARBARA SAGE
ROGER SMITH
JOAN STARR



NEWS and REVIEWS October 2016

Volume 6 Issue 7

October 1, 2016

So Long Summer

BBQ's
Boat Cruises
Concerts
Festivals
& Lunches
by the Lake



August Thimble Island Summer Boat Cruise with Captain Bob. A delicious seafood lunch followed at the Chowder Pot in Branford.

Inside this issue:

Monthly Events	2
Essex Fall Steam Train & Riverboat Trip	2
Organizing 101 Talk & Tips	2
Free Pharmacy Delivery	2
Welcome New Members & Volunteers	3
Informational Breakfast	3
Friendly Visitors & Handyman Services	3
Aren't We Lucky?! by Giedra Troncone	4

Welcome Connecticut Fall Foliage



Leaves begin to change in the northern parts of CT first, around Columbus Day, then in the valleys and the shore. The CT River, at the mouth of the Long Island Sound, between Old Saybrook and Old Lyme, will hold the foliage the longest.

CT Northeast Corners: October 9 – 16

CT East and West: October 17 - 25

CT Shoreline & River Valley: End of October

Mark Your Calendar for October Events

Men's Breakfast Tuesday, October 11th



Orem's Diner
9 AM

"It's a lot of
good food &
great conversation!"

RSVP:
203-762-2600



Essex Fall Foliage Steam Train & Riverboat Trip

Tuesday, October 18th

12:30 PM - 3 PM

Meet at 10:30 AM

Commuter Lot

\$22 per person

Boxed Lunch Included

(Bring your own beverage or purchase one
at the café car or concession stand).

RSVP by October 10th

203-762-2600

Mah Jong

October

11th & 25rd
12:30 PM

RSVP:

203-762-9026



Beginner's Welcome!

Senior Center

clutter|phobe

FIND YOUR NEAT

Owner, Alexis Boccanfuso Presents

Organizing 101

Practical Tips on How to
Get and Stay Organized

Tues. October 25th, 3 - 5 PM

Senior Center . 180 School Rd.

RSVP: 203-762-2600



Connecticut Pharmacy and Medical Supply

664 Main Avenue, Norwalk, CT 06851

FREE Pharmacy Delivery

Open Monday thru Friday 9:00 to 7:00 PM

Sat. 9:00 to 5:00 PM / Sun. 9:00 to 3:00 PM

Flu shots available here

Phone: 203-939-1836 Fax: 203-939-1837

Stay at Home in Wilton Member News

Welcome New Members & Volunteer

David & Linda Gortz
We also welcome Linda as a new volunteer.

Invite a Friend to our Prospective Member & Volunteer Brunch



Thursday
October 13th
10:30 - 12 PM
WEPCO

Do you have a friend or neighbor who would enjoy a chance to connect with others who share similar interests? Perhaps they like to take day trips, or want to learn a new computer skill; or are recently retired. Invite them to brunch to learn more about our member benefits and volunteer opportunities.

48 New Canaan Rd.

R.S.V.P. 203-762-2600

Friendly Visitor Program

Could you use some company? Friendly Visitors are connecting with members.

Call **203-762-2600** to learn more!

Handyman Repair Services included in Your Membership



Do You Need?

- Small Appliance Repairs?
- Ceiling Fans Adjusted?
- Doorbells Replaced?
- Dryer Vents Cleaned?
- Electrical Sockets Fixed?
- Heavy Planters or Furniture Moved?
- Garden Hose Repaired?
- Low Gutter Cleaning?
- Light Fixtures and Bulbs Replaced?
- Locks Adjusted?
- Light Painting Jobs?
- Patio Furniture put away?
- Pictures Hung?
- Small Plumbing jobs... (leaky faucets, toilets or toilet seats replaced)?
- Screens/Screen Doors Repaired?
- Shelves Adjusted?

Many things need to be done around the home and our handymen are ready to assist.

Contact:

Janet Johnson, 203-762-2600

All volunteers are prescreened, reliable, skilled and trustworthy.

Aren't We Lucky?!

By Giedra Troncone
Member Since 2011

As the circumstances in our life change, so do our needs. Such change is often connected with loss, be that of a relationship, of some aspect of health, or of financial circumstances. It is also often a loss of contact: we recognize that our family and friends have lives of their own. We don't want to impose. People move away but, happily, we find Stay at Home in Wilton.

Stay at Home in Wilton has filled a need of community for me. It has given me a feeling of belonging. We are a community within a community. We share a recipe in a market, recommend a book or DVD in our library, and recognize each other in the post office, as we wave and smile.

Besides the emotional comfort Stay at Home brings, this organization is extremely helpful in our daily lives: a sagging curtain rod? No need to find that ladder, to try to steady yourself by holding on to the lampshade, knowing now that you will also have to buy a new lamp and wonder where the cat went, traumatized, no doubt, by the crash. Now we know better, and we get recommendations from Janet that are far, far better than the Yellow Pages. We get rides by calling Joan. Janet organizes many wonderful events. We go on excursions, be it to Arthur Ave. in the Bronx, to the Elizabeth Park Rose Garden in West Hartford, a ferry crossing to L.I. and, always, lunch, lunch, lunch and so much more! Should we opt to stay home for Thanksgiving, Anne and Phil extend a gracious invitation to join them at their home before the big event, so we don't have to sit home, alone, looking at a turkey leg.

We are not just takers, however. We bring our contributions, ideas, or skills, and always, our good will and gratitude. Aren't we lucky?!

ADVISORY BOARD

Sharon Bradley

Joe Dionne

Dr. Arthur D'Souza

John Foster

Buck Griswold

Ed Hyde

Melissa Mednick

Theresa Santoro

Catherine Stroup

Chris Stroup

Rev. Shannon White

Administrative Staff

Janet Johnson

Executive Coordinator

Debbie McClelland

Community Relations &
Membership Director



Bio: Giedra Jonynas Troncone

I was born into an artistic family in Kaunas, Lithuania. We emigrated to the U.S. in November of 1951 and settled in N.Y.C. Education was a given, so a B.A., Fulbright, M.A., Ph.D., all in French Literature, followed. After marrying, Samuel and I chose Fairfield County. We liked the proximity to N.Y.C., the greenery, the hills, my husband's family lived here, as did friends.

Wilton was the choice for retirement. I always liked a smaller town. The library, the Village Market, the feeling of community, the slower pace suited us at this time of our life. The founding of Stay at Home in Wilton was a god-send after my widowhood. I cherish it.



Like Us On
Facebook