



Stay at Home News and Reviews

PO Box 46
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WELCOME to Stay at Home In Wilton!

After several months of planning and preparing for the beginning of Stay at Home in Wilton, a non-profit organization, the time has arrived and today's Kick-Off Party marks the start of a wonderful experience for Wilton's senior citizens.

Several of your neighbors and friends have been hard at work meeting since November 2009 to plan and discover the many needs of seniors in Wilton and how best to make aging in place easier for each senior as they continue to live in their homes in Wilton. Stay at Home is embarking on an adventure that will give the residents a flexible plan and the peace of mind to enjoy a safe, independent and active life.

Help is as close as your phone to access many services that will be available including social events, transportation, fix-ups, providing information, and a whole range of other services.

With a growing number of seniors living in town, it comes as no surprise that so many are very interested in what Stay at Home in Wilton has to offer. As you know, the Baby Boomers will add many more seniors to our population in the future, and even now, our older residents make up about 22% of our population.

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Newsletter Editor: Anne Richards

Stay at Home in Wilton is a non-profit corporation recognized by the IRS as a 501(c)(3) public charity.

How to become members of Stay at Home in Wilton

Membership in Stay at Home in Wilton is open to any senior who lives in Wilton. A senior can be 50 or 90 or even older. You are welcome to become a member. There are no prerequisites or a physical exam. Just say, "Yes, I would like to become a member". Ann Newton is our Membership Chair.

There is a brief form to fill out and a check to be made out to Stay at Home in Wilton. A Charter Membership is available now and runs through the end of 2011. The fee will be \$360 for a single senior person living in a household and \$480 for two senior people living in a household. After this initial period, the fee will be \$360 for a single senior person and \$480 for two seniors in the same household for one calendar year. The membership is renewed annually. All memberships are good for one year from date of purchase, except those who take advantage of the Charter Membership. Just mail your check and the completed form to: Stay at Home in Wilton, PO Box 46, Wilton, CT 06897-0046. Mark Membership on the check and the envelope.

There is no way to really put a dollar value on how this organization will affect your life and those around you, but it will give you peace of mind to know that someone cares about you and will help you deal with any problem that you have, be it large or small. It could be as simple as changing a light bulb or a medical situation that could require a 911 call. Please be assured that Stay at Home is there for you and to help in various ways to make life in Wilton as a senior as easy as it could possibly be. So join us and be a part of something that will change your life and make you a part of something worthwhile and fun too.

How can I help to make Stay at Home in Wilton a going organization?

One of the very best ways to help would be to make a donation to support this community need. Membership fees do not cover the cost of running an organization like Stay at Home in Wilton. As with any type of business, there are a lot of hidden fees that come up frequently. To make a donation, make a check to Stay at Home in Wilton and mail it to Stay at Home in Wilton, PO Box 46, Wilton, CT 06897-0046. Stay at Home in Wilton is a 501(c)(3) public charity so therefore your donation is tax deductible to the full amount. Dick King is our Fund-Raising Chair.

The other way to help would be to become a volunteer. Volunteers are the backbone of this organization and are vitally needed every day of the year. Volunteers will provide transportation for the seniors to and from their doctors' appointments, to the grocery store, to the hairdresser or barber, to the drug store, to church or synagogue, to any number of needed trips but usually only in the Wilton area. Also, they can provide help at home with home repairs, simple tasks that could not be done by the senior or simply visiting with them for an hour or two. Joan Starr and Barbara Quincy are our Volunteer Co-Chairs.

Please consider what you can do to help by volunteering your time for a needed cause in Wilton.

Information that is good for everyone

Wilton has a lot to offer those who live alone here and here are some services you might not know about.

RUOK

For instance, did you know you could have a personal call every day of the year to find out Are You OK? (RUOK). The Wilton Police call you to find out if you are well, or need help, or you are just fine.

This is a free service that is brought to you by the Wilton Kiwanis Club, You can select the time to be called and a friendly voice will ask, "Are you OK today?" If you are fine you respond, letting the voice know you are fine. If you do not answer or the line is busy, it will call you back two more times. If you still don't answer, then emergency action will begin to help you.

Who can use this wonderful service? Anyone over the age of 60, or is homebound, or who is medically disabled.

How do I sign up for this service? Just call the Wilton Police Department at 203-834-6260 Monday through Friday between 7:00 am and 3:00 pm. Someone will return your call that day.

ALSO:

Wilton Urgent Notification E-Mail

List Sponsored by the Wilton Kiwanis Club

Want to know about:

- Road Closures
- School Closures
- Emergency Preparedness Process
- And Much More...

You will receive this information through a yahoo group e-mailing list. E-mail's will only be sent by authorized Town Officials to notify members of the public of urgent and emergency information. It is easy to join and there is no cost to the public.

How to Join the Urgent Notification email list

By using your computer, go to www.wiltonkiwanis.org where you will be find a link to go to the Urgent Notification list and the Wilton Kiwanis Club sponsored registration process.

1. Scroll down until you see **"Subscribe to wiltonct list at wiltonct-subscribe@yahogroups.com"** and click on the line.
2. This will open up your e-mail software. Do nothing more but click **"Send."**
3. Within a short time you will receive an e-mail to verify your request. Just click **"Reply"** and **"Send."**
4. You are now a member.

AND:

To put your name on the National Registry "Do Not Call" list to avoid most telemarketing calls, By phone: Call 1-888-382-1222 or By internet: <http://www.donotcall.gov> to fill out the registration form.

Hoping that this information helps you become more acquainted with various ways to protect your personal information and helps in your daily life.